

Supplementary Material: Tables 2, 3, 4 and 5

Free-field exposures		Personal music players	
Required vocal effort	Estimated level	Volume control setting	Estimated level
Normal voice at 1.2m	< 80 dBA	<70% of maximum	< 80 dBA
Raised voice at 1.2m	87 dBA	70% of maximum	82 dBA
Loud voice at 1.2m	90 dBA	80% of maximum	88 dBA
Very loud voice at 1.2m	93 dBA	90% of maximum	94 dBA
Shouting at 1.2m	99 dBA	Maximum volume	100 dBA
Shouting at 0.6m	105 dBA		
Shouting at listener's ear	110 dBA		

Activity	Bar work in nightclub	Festivals (acoustic)	Gigs (at 18 to 31)	Gigs (at 31 to 36)	Nightclubs (at 16 to 22)	Nightclubs (at 22 to 31)	Nightclubs (at 31 to 36)
Additional information	Music on throughout shift	15 one-day festivals (all in past 5 years)	~8 per year	~2 per year	~2 nights per week during term time	~4 nights per week, 40 weeks per year	Once every ~3 months
Noise level information	Shout at 0.6m	Talk very loudly at 1.2m	Shout at 0.6m	Shout at 0.6m	Shout at 1.2m	Shout at 1.2m	Shout at 1.2m
Estimated noise level (dBA)	105	93	105	105	99	99	99
Years	1	5	13	5	6	9	5
Weeks/year	52	3	8	2	40	40	4
Days/week	3	1	1	1	2	4	1
Hours/day	4	12	3	3	5	5	5
Total duration (hours)	624	180	312	30	2400	7200	100
Type of hearing protector	None	3M foam plugs	None	None	None	None	None
Protector attenuation (dB)		21					
Proportion of time worn		10%					
Units of noise exposure	9.49	0.16	4.74	0.46	9.17	27.50	0.38
TOTAL UNITS OF LIFETIME NOISE EXPOSURE = 51.89							

Table 4: ABR Amplitude and Latency					
	Amplitude (μV)		Amplitude Ratio	Latency (ms)	
	Wave I	Wave V	Wave I/Wave V	Wave I	Wave V
<i>Tinnitus</i>	0.280 ± 0.019	0.885 ± 0.063	0.346 ± 0.032	1.761 ± 0.026	5.806 ± 0.060
<i>Control</i>	0.283 ± 0.016	0.836 ± 0.046	0.347 ± 0.019	1.788 ± 0.021	5.878 ± 0.053
	Sex-separated Wave I Amplitude (μV)		Sex-separated Wave I/V Amplitude Ratio		
	Male	Female	Male	Female	
<i>Tinnitus</i>	0.265 ± 0.024	0.295 ± 0.032	0.375 ± 0.042	0.317 ± 0.050	
<i>Control</i>	0.247 ± 0.016	0.319 ± 0.025	0.342 ± 0.035	0.352 ± 0.021	

Table 5: EFR Amplitude and Difference Measure						
	Amplitude (dB re: 1 μ V)				EFR Difference Measure (dB)	
	-6 dB depth		0 dB depth			
Tinnitus	-21.8 \pm 0.8		-15.2 \pm 0.8		6.63 \pm 0.44	
Control	-19.8 \pm 0.9		-13.5 \pm 0.7		6.31 \pm 0.38	
	Amplitude at -6 dB depth (dB re: 1 μ V)		Amplitude at 0 dB depth (dB re: 1 μ V)		EFR Difference Measure (dB)	
	Male	Female	Male	Female	Male	Female
Tinnitus	-22.1 \pm 0.9	-21.5 \pm 1.4	-15.1 \pm 0.8	-15.2 \pm 1.5	6.96 \pm 0.62	6.31 \pm 0.63
Control	-20.3 \pm 1.0	-19.3 \pm 1.5	-14.2 \pm 0.9	-12.8 \pm 1.0	6.11 \pm 0.54	6.51 \pm 0.54